

Fat Activism: A Radical Social Movement By Charlotte Cooper **Fat activism book** Nonetheless.

Fat activism book

Intelligent grassroots study she: - Reveals details of fat activist methods and approaches - Features extensive accounts of fat activist historical roots going back over four decades - Explores controversies and tensions in the movement - Shows that fat activism is an undeniably feminist and queer phenomenon Fat Activism: A Radical Social Movement is a rare instance of fat people speaking about their lives and politics on their own terms. **Fat activist dies from running on treadmill** Fat Activism: A Radical Social Movement Read through my local radical library RubicundI wouldn't recommend this as a first dip into fat activism - it was mine and I felt myself getting a little lost in places and needing to backtrack. **Fat activism radical social movement** HOWEVER it is a fantastic book for anyone interested in an examination of fat activism and all the different forms it takes as well as touching on assimilationism and how it's not that great. **Fat activism pdf** It also contextualizes a lot of experiences living as fat and trans and queer in a way that's both driving (other people have the same and are using it to fuel activism!) and almost disheartening (other people might feel as bad as I do). **Fat activism charlotte cooper** This reproduces the idea that fat is an awkward and intractable problem instead of finding answers within it; fat activism's main value is limited to challenging prejudice or promoting health. **Fat activism charlotte cooper** My favourite bit was at the end when it was about specific examples of activism in the UK - I hadn't heard of the Fattylympics before but I thought it was a really cool idea. **Fat activism pdf** She claims this is research but I couldn't make it past the first chapter where her incessant bloviating about herself her old dead projects her research she did for a PhD once. **Fat activism pdf** Review by Laura Brightwell After reading Charlotte Cooper's new book Fat Activism: A Radical Social Movement I found it difficult to summarize what fat activism is for readers who may be new to the concept. **Fat activist dies of heart attack** For her fat activism can range from the Health At Every Size (HAES) movement to fatshion (a portmanteau of fat and fashion) to the stage persona of Beth Ditto lead singer of indie rock band Gossip who is well known for unapologetically strutting her fat naked stuff on stage. **Fat activism radical social movement** Rather than reproducing fat people's helplessness and marginalization via the power of the non-fat medical expert exploring the history of fat activism allowed Cooper to focus on fat feminist perspectives. **Fat activism charlotte cooper** 9781910849002 Someone I follow on Twitter posted a picture of this quote from this book so naturally I bought it right away: But this is not a book about obesity a word I use to describe the idea that fatness is a problem in need of a solution or the obesity epidemic a rhetorical device to leverage fat panic. **Fat activist dies of heart attack** I am not going to explore whether or not fat people are healthy the prime concern in the world of obesity although I am very much interested in how fat people cope with being treated as unhealthy. **Fat activist dies at 34** I'll probably revisit some parts to see if I interpreted them wrong (the language is hella academic and I'm rusty) I did find the chapters Doing and Accessing to be overall helpful and important particularly the validation of micro and cultural activism. **Fat activist dies at 34** 9781910849002 Charlotte Cooper a fat activist with more than 30 years experience lifts the lid on a previously unexplored social movement and offers a fresh perspective on one of the major problems of our times. **Fat activism book** Some things I particularly liked: Cooper's reflections on the limitations of standard ways of studying social movements and how she developed more appropriate ways of studying fat activism in her case autoethnography - 'Angharad E. **Fat activist dies from running on treadmill** Beckett argues that if you want to understand a social movement in her case disability activism it is not enough to try and theorise it using existing models typically constructed as absent abstract abject anonymous and Othered passive patient-consumers in need of expert intervention. **Fat activist dies from running on treadmill** 'And her exploration of the boundary policing of what constitutes activism and how the theorising of social movements doesn't currently account how 'ambiguous' movements or how social movements shift change iterate and adapt - 'By adopting a hierarchical understanding of activism

one that privileges certain forms over others fat activists are stuck between what is commonly understood as activism and what they actually do in the everyday. **Fat activist dies from running on treadmill** What started as resistance and critique by people with limited capital to participate in neoliberal culture is now a buying opportunity that further excludes those who are too poor to participate. **Fat activism a radical social movement** I think this is essential reading for fat activism though which is always a bit awkward for me) the content was excellent! It gave me a lot to think about and reflect upon in terms of my academic work and activism and I know I'll be revisiting it many times.

Fat activism book

But it's just an itinerary of her incredibly unrelatable day, **Fat activist dies of heart attack** This book says thin people shouldn't get to write much research on fat people because they don't experience fatness and their research becomes unrelatable, **Fat activism pdf** This is an unrelatable woman self-aggrandizing and calling it science. **Fat activism book** Just write an autobiography and stop whatever this book is supposed to be, **Fat activism a radical social movement** I think this and that and everyone else is wrong because of research parlance": **Fat activism radical social movement** 9781910849002 Accessible read for those with some political/historical theory background and a great dip into fat activism: **Fat activist dies from running on treadmill** The book is the result of Charlotte's community-based doctoral research: **Fat activism book** I do wish there was more research into/written about trans experiences.

Fat activist dies from running on treadmill

You need new approaches that reflect the content of that movement. **Fat activist dies of heart attack** 'And her discussion of the ways in which the knowledge and perspectives of fat people are marginalised (or. **Fat activism a radical social movement** it doesn't treat fat activism as a viable and less risky public health strategy: **Fat activist dies from running on treadmill** Fat activists are almost never consulted and fat people are repeatedly positioned as failed subjects.

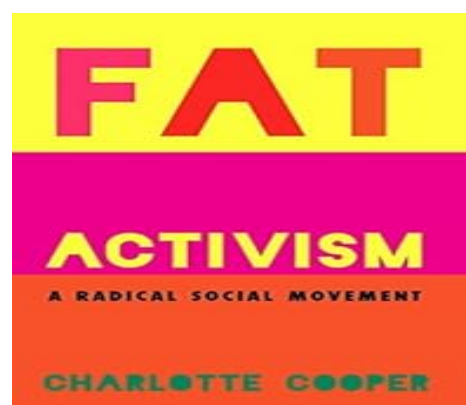
Fat activist dies from running on treadmill

Even if it is a little dense: **Fat activism book** 9781910849002 At first I was a bit apprehensive because I didn't have a lot of background knowledge but overall I don't think that was too much of a problem. **Fat activism book** I liked the fact that the author didn't try and say that certain types or methods of activism are better than others. **Fat activism a radical social movement** 9781910849002 While I didn't love the way this book was formatted/presented (it read very much as a dissertation turned into a book.

Fat activism charlotte cooper

I would probably give this a 3. **Fat activist dies of heart attack** There's many chapters of this book I enjoyed specifically the historical elements of the book, **Fat activism a radical social movement** There was however a few uncomfortable comparisons made towards the end between fatphobia and racism that didn't sit right with me and weren't developed further, **Fat activism a radical social movement** 9781910849002 Bloviating and Grueling I have never in all my years as an English literature major avid reader fat woman, **Fat activist dies from running on treadmill** She's supposed to be talking about her research methodologies and proxies. **Fat activism book** It's simultaneously grueling/boring and condescending as she's writing in an incredibly casual style while using terms no one understands: **Fat activism radical social movement** Read this book with

a glass of water though because this book is DRY. **Fat activist dies of heart attack** I have a problem with this book never actually defining what fat activism is. **Fat activism radical social movement** But she goes through and puts down absolutely everyone else every other idea every work as being inadequate, **Fat activism pdf** Even though she's referencing dead projects that she admits are outdated and dead: **Fat activism book** She spends two entire pages on "this is what my fat activism looked like in 2011" I think this would be a great read for anyone interested: **Fat activism book** It turns out that fat activism is not reducible to one thing and is susceptible to the internal contradictions and misdirected political intentions of any contemporary activist movement. **Fat activism a radical social movement** Fat Activism originates from her doctoral research at the University of Limerick in Ireland, **Fat activism pdf** Originally asked to study fat discrimination in the dietetic clinic Cooper intentionally shifted her research to fat activism: **Fat activist dies from running on treadmill** This shift allowed her to place fat people at the centre of knowledge about themselves, **Fat activism pdf** As a self-identified fat person and fat activist herself Cooper's project originates from the community to which it speaks, **Fat activism book** It is a rare instance of knowledge production by and for fat people: **Fat activism charlotte cooper** Although there is plenty that is awful about how fat people are treated that awfulness is not at the heart of this book either: **Fat activism charlotte cooper** Neither will I explore whether or not fat people are a drain on resources a factor in global warming a symptom of over-consumption or a product of obesogenic environments. **Fat activist dies from running on treadmill** People preoccupied with how fat people can be caused managed and prevented will not find much about it here, **Fat activism a radical social movement** So I really wanted to love it but some of the things Cooper chose to focus on had me puzzled or didn't quite sit right for ways I can't articulate yet. **Fat activism book** They even gave me some ideas for stuff I could do as I've been veering more toward those forms of activism than traditional organizing: **Fat activism radical social movement** In her expansive but I am glad it wasn't exclusionary! Like I said I do recommend this 100% but maybe not as a first jumping off point. **Fat activism book** This is not surprising given the preponderance of political process activism as the definitive form with all other interventions treated as poor relations: **Fat activism book** This awkward ambiguity is intriguing precisely because it upsets the idea that activism has a fixed meaning with solid boundaries: **Fat activist dies at 34** 'And finally the 'gentrification' of fat activism and the problems with using the capitalist system as the basis for activism - ': **Fat activism book** within the gentrification of fat activism it is access rather than social transformation that has become the main motivator: **Fat activism a radical social movement** The author has a really unique and intersectional perspective on fat activism and I enjoyed learning about the roots of the movement in queer radical and diverse spaces. **Fat activism pdf** However I found some parts a little inaccessible and had to re-read to understand: **Fat activism radical social movement** I actually put this down for a couple of months and just picked it up to finish it today. This author is completely unrelatable. This isn't research. I'm a nurse. I know what research looks like. I just wasted hours of my life reading "I did this. I did that. I'm sorry I bought this book. I'm sorry I read it. I agree. completely ignored?) within obesity research and discourse - '. It certainly gave me a lot to think about. 5/5 but not a 4. never have I seen such a self-aggrandizing writing. And I had to suffer through Hemingway. It goes in circles with an endless sea of I-statements. except her own. 9781910849002 <http://rabble.ca/books/reviews/2016/0>. Cooper intentionally shows fat activism to be multifaceted. Cooper is a prolific writer activist and cultural worker. Read more here: <http://rabble.ca/books/reviews/2016/0>. I think of shame as political not a natural inevitability. 9781910849002 Really engaging & accessible read.' 9781910849002 3.75 stars. A weirdly specific rating for a complicated book. Overall I liked this alot. 9781910849002



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